



**Tourist's  
Manifest**

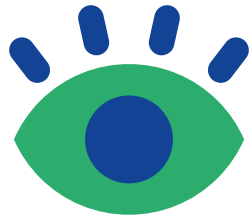
**Porto.**

# Tourist's Manifest



**The Tourist's Manifest outlines standards the best practices and strives to foster positive interactions among tourists, the city, and its resident community. It aligns seamlessly with the United Nations' 2030 Sustainable Development Goals.**

**The proposed recommendations are geared towards enhancing the overall visitor experience and establishing Porto as a progressively sustainable destination that offers added value to all involved stakeholders.**



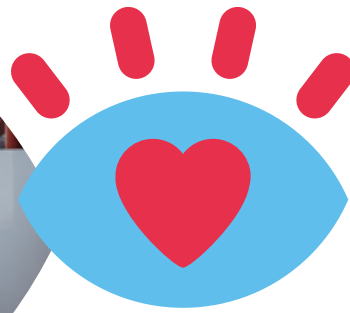
**Through the eye of a tourist,  
a city becomes a kaleidoscope  
of emotions, each view  
evoking a different feeling.**



***happiness*** becomes the common thread in the tapestry of tourism, as locals and travelers come together to uncover the city's secrets and create cherished memories.

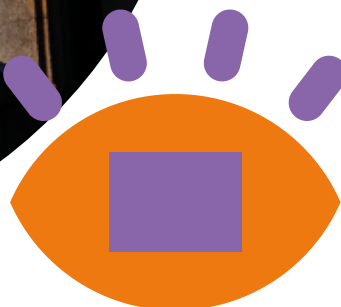
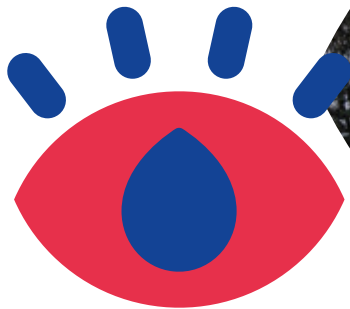


Porto's nightlife is a testament to the universal language of **joy**, spoken fluently by locals and tourists as they celebrate.



Porto's accommodations are **love** notes left for weary travelers, promising comfort, serenity, and unforgettable experiences.

Exploring Porto is an emotional journey, every step is a new chapter, and every corner is a **surprise** waiting to be experienced.



**Curiosity** is the key that unlocks a city's hidden wonders, Porto invites tourists to become seekers of knowledge and collectors of memories.



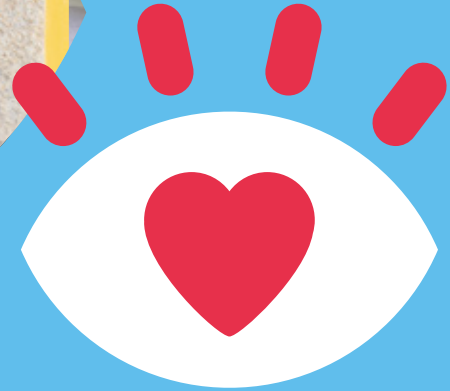
# CITY GENERAL

- Be friendly and curious about our culture and habits.
- Learn to say “Olá” (hello), “obrigado” (thank you) and “como estás?” (how are you?)
- Take care of our monuments (don't remove tiles, don't destroy or deface anything).
- Walk or use public transport to discover our city.
- Buy from traditional shops and support local businesses.
- Taste the typical gastronomy of Porto and get to know our small traditional restaurants.
- Porto is a safe city, but you can count on the support of the PSP - Tourism Police Praça Pedro Nunes, n.º16, 4050-466, Porto. Tel. (+351) 222 092 006.
- Enjoy Porto's hospitality: feel free to ask the locals for advice, they will surprise you.
- Behave as if you were in your own country/city.
- Keep in mind: Leave your finest self in Porto, and be a responsible visitor!
- Laugh, enjoy the city and take home only good memories and experiences.



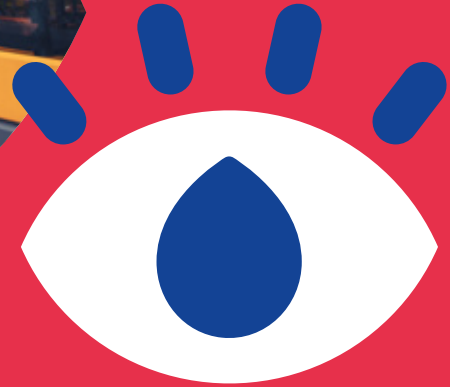
# CITY AT NIGHT

- Enjoy our wine, but drink moderately.
- Respect others and their differences.
- Have fun by keeping to the opening hours of Movida's establishments.
- At night, be careful with noise on the public streets, residents will appreciate this attention.
- Remember it is forbidden to "botellón".
- Streets, walls and corners are not toilets.
- Help us keep the city clean!



# ACCOMMODATION

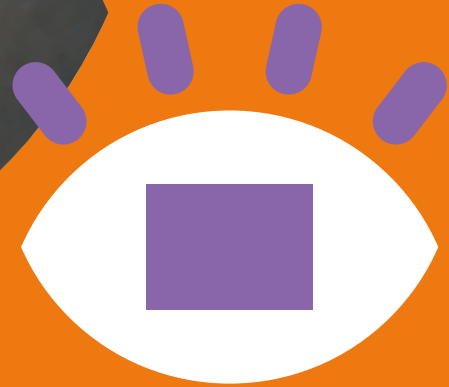
- Choose accommodations with the trust in Porto Seal
- Enjoy your stay and try to reduce your ecological footprint, in the territory but also in the accommodation.
- Reuse your towels and reduce waste.
- Save energy and water!
- Be friendly and respectful of others.
- Get to know your neighbours better: talk to each other.
- Call the reception or the manager if you need something.
- Be aware of noise during usual sleeping periods, especially when carrying suitcases.
- Respect the rules of your accommodation and the check-in and check-out times, whether it is a holiday resort or local accommodation.



# SUSTAINABILITY

- Explore different blocks of Porto and discover the different river and sea routes, the green spaces and the diversity of points of interest beyond the Historic Centre.
- Try to shop consciously and buy eco-friendly and biodegradable products.
- Explore the city by walking, using public transportation or cycling.
- Stimulate the local economy by shopping in traditional shops and street markets.
- Minimise waste, single-use plastic and paper consumption.
- Get involved and participate in local festivities.
- Protect our environment and animals by contributing to clean spaces and by recycling waste.
- Participate in the circular economy and conscious consumption.





# GUIDED TOURS AND TOURIST ATTRACTIONS

- Respect the guidelines of each tourist attraction.
- If you want to take a guided tour of the city, it is best to opt for certified tour guides.
- If you generate any kind of waste during your visit to an attraction, please collect it and dispose of it in appropriate places.
- Ask for tourist information preferably at the official tourist offices, or through [www.visitporto.travel](http://www.visitporto.travel) or the information channels of the tourist attractions themselves.
- Respect places of worship and preserve tangible and intangible historical heritage.

**I agree to sign the  
Tourist's Manifesto  
of the city of Porto!**



**Visit Porto.**